

Providing Transitional Housing for Families

Housing Iowa Conference

House of Mercy Programs:

- **Project Together** – 24-hour halfway house program for homeless, chemically dependent, pregnant and/or parenting women who have a substance abuse problem and are in need of assistance with recovery, self-sufficiency, parenting, and life skills.
- **Project Together II** - 24-hour halfway house program for chemically dependent women (regardless of housing or parenting status) who are in need of assistance with recovery, self-sufficiency, parenting (in most instances), and life skills.

House of Mercy Programs

- **Healthy Transitions** - 24-hour transitional living program designed for homeless women and their children.
- **House of Mercy at Capitol Park** – Permanent housing program that offers affordable, safe, clean, and therapeutically supportive long-term/permanent housing to successfully recovering women and women with children.

House of Mercy Programs

- **In Touch With Teens** - 24-hour comprehensive group care program that teaches living and parenting skills to young women 13 to 18 years old who are pregnant and/or parenting.
- **John R. Grubb/House of Mercy Child Development Center** - Licensed and NAEYC accredited childcare facility serving the children of House of Mercy residential, outpatient, and continuing care clients as well as alumnae.

House of Mercy Programs

- **House of Mercy Medical Clinic** - Primary care clinic serving uninsured and underinsured individuals.
- **Outpatient Programming** - Intensive Outpatient, Extended Outpatient and Continuing Care substance abuse treatment services for chemically dependent adult and adolescent women.

House of Mercy Programs

- **Diocesan School Program** - Collaborative initiative between House of Mercy and four Catholic Diocesan elementary schools. A full-time nurse and social worker visit each of the sites on a weekly basis to provide medical and psychosocial support.
- **House of Mercy Dental Program** - Program offering an array of dental services to active House of Mercy residential program participants.

House of Mercy Programs

- **Homeless Outreach Program** - Collaborative partnership between House of Mercy and Primary Health Inc., for the purpose of providing outpatient chemical dependency services to homeless persons served in Polk County area shelters. House of Mercy staff provide a range of services including, but not limited to, psychosocial assessment/treatment, crisis intervention assistance, brief counseling, individual and group counseling, information and referral assistance, financial/resource management help, and case management.

On-Site Treatment/Support Services:

Recovery

- Individual Counseling
- Basic Treatment
- Scheduling Group
- Early Recovery Skills
- Relapse Prevention
- Stepping Up
- Releasing the Shame
- Criminality
- Spirituality

On-Site Treatment/Support Services:

Trauma

- Individual Counseling
- Introduction to Seeking Safety
- Seeking Safety
- Healing Basket

On-Site Treatment/Support Services:

Emotional Health/Personal Development

- Individual Therapy
- Group Therapy
- Art Therapy
- Art Therapy Studio
- Life Skills
- Health and Wellness
- Relationships
- Parenting
- Family Activity

On-Site Treatment/Support Services:

Self-Sufficiency

- Education 101
- Career Exploration
- Financial Literacy
- Job Club
- Job Readiness
- Basic Computer
- Advanced Computer Class